



Tibshelf Parish Council's Quarterly Newsletter

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Path Repaired and New Sections added at Tibshelf Parish Cemetery



Tibshelf Parish Cemetery on Doe Hill Lane has had repairs made to existing parts of the tarmac path and new sections installed.

Pictured above under construction, work began on Monday 9th of January 2023 and lasted for approximately one week. The cemetery remained open, but parts of the path where work was done were unusable for

a temporary period. New sections of the path now allow for an expanded number of spaces.

Tibshelf Parish Cemetery is provided by Tibshelf Parish Council for residents to be laid to rest and for visitors to remember their loved ones. If you need to speak to us about making arrangements, or would like to know the pricing structure, please contact the Parish Office on 01773 875093 or email the Clerk using theclerk@tibshelfparishcouncil.gov.uk





Tibshelf Parish Council Elections 2023

Are you interested in the democratic process? Then please read on...

Role of a Councillor

Tibshelf Parish Council is the first tier of local government and the democratic representative body for the parish. It makes decisions on behalf of the people in the parish and has an overall responsibility for the well-being of its local community.

By becoming a Parish Councillor, you become someone the Tibshelf community will look to for help, guidance and support.

- Are you passionate about what happens in Tibshelf?
- Would you like to help shape the future of Tibshelf?
- Would you like to help to provide a solution to local problems?
- Would you like to have the opportunity to influence decisions made by outside bodies?

The council meets once a month as a full council and there are also separate committee meetings that focus on areas such as finance and HR.

Being a councillor is a rewarding role. You have the chance to make a huge difference to the quality of life of people in your local area.

How do I become a Councillor?

Election

The usual route to becoming a councillor is

through an election held every 4 years on the first Thursday in May. The next election will be held in May 2023.

You can stand for election if you are:

- British or a citizen of the Commonwealth or European Union.
- At least 18 years old.
- Registered to vote in the area or have lived, worked, or owned property there (or within 3 miles of the boundary) for at least 12 months before the election.

You need to be nominated and seconded by two eligible electors from the ward.

Casual Vacancy

Alternatively, if a councillor resigns mid-term, there would be what is known as a 'casual vacancy'. Initially a Notice of Vacancy is posted to allow eligible electors to call for a poll, provided that there was a period of at least six months left until the next Ordinary Election of Tibshelf Parish Council.

An election will be triggered if 10 electors from the Ward write in requesting one within 14 working days of the publication of the Notice. If no poll is requested, the Parish Council will then take steps to advertise the vacancy to co-opt someone under the Local Elections (Parishes and Communities) (England and Wales) Rules 2006.

Voting and Electors

It is important that sufficient candidates come forward to hold a poll and that electors can exercise their right to vote.

If fewer candidates come forward, then they will be elected unopposed, and you will lose your ability to decide the members of the council. It is important to remember that Parish Councillors are the people of local government that are closest to you and will be representing your interests.

We need people from all backgrounds and experiences who reflect the communities they serve to put themselves forward for election.

Rachel Tattershaw
Parish Clerk and R.F.O



The meeting held in November 2022

What's being discussed at Tibshelf Parish Council

In October, A member of the public asked about plans for facilities for young people. They were told about past plans and youth groups children could join in the village. A photo of a past Parish Council chairman Stuart Crawford Wardell was donated by the Tibshelf Historic & Civic Society. The Clerk was asked to contact Bolsover District Council about the costs to demolish the High Street flats. The meeting minutes of the September meeting were approved as an accurate record. The Communication and Projects Officer presented a report on the upcoming Christmas lights and a number of quotes for installation work were approved. The Receipts and Payments for September were approved, and the Clerk highlighted the budgetary position for April to September 2022. An annual playground inspection had identified repair costs of £3189 at the Sunnybank playground. The Parish Council could not support Shirland Parish Council's request for litter picking. The Parish Council unanimously signed up to the Civility and Respect Pledge. The annual knotweed spraying had been completed on the Shetland Road playing field. Posters would go up to inform residents. It was agreed unanimously to install a defibrillator at the Pavilion, donated by the Tibshelf Defibrillator Fund. The Freedom of Information policy and Accessibility policy were approved. It was proposed at the Shetland Road Recreation Ground be renamed to the Queen Elizabeth II Sports Ground. The Clerk would look

further into this.

In November, the County Councillor reported that a consultation on the new school was positive. £226,000 had been given to Holmlea to remove hazards. West View will have resurfacing works completed by April 2023 and £1000 was donated to the food bank. The District Councillor reported the flat demolition costs were highly confidential for the next 5 years. The meeting minutes of the October meeting were approved as an accurate record. The Communication and Projects Officer presented the results from the schoolchildren questionnaire. It was agreed to set up a working party to look into future projects in the village for young people. The District Councillor would provide the Clerk with information on the pot of section 106 money held by Bolsover DC. A fee for use of an image was agreed to be paid. The Receipts and Payments for October were approved. A quote was not approved for the winter planting of the boundary planters and local groups should be approached instead. The Civility and Respect training was noted. The cemetery tarmac repair work would begin on Monday 9th January. The Clerk will undertake cemetery training for £50. It was agreed that Parish Rangers would not litter pick roads with no pavements that Bolsover DC was responsible for. A proposal by Tibshelf Football Club was noted and funding sources discussed. The Parish Council was updated about the recently started Warm Bank at the Village Hall. Attendance was increasing and volunteers will be having DBS checks. It was agreed to look at what kitchen equipment is required for a Food Hygiene Certificate to serve hot food. The schedule of Christmas events was noted. It was unanimously agreed to approve the National Salary Award.

In December, it was agreed to write to the County Councillor to ask if the increased cost of the proposed new school would mean more housing. A District Councillor informed the meeting installation of CCTV cameras in taxis had



Would you like to place something in our next edition of Tibshelf News? Submissions are free for local groups that operate within Tibshelf, and adverts cost a competitive fee for businesses to advertise their goods and services. Please contact the Communication and Projects Officer at cpo@tibshelfparishcouncil.gov.uk or ring 07388 457836 to provide a submission or request more information.

What's being discussed continued

commenced. It was reported the Parish Carol Concert had gone well and was well attended. The Spring newsletter schedule was noted. The Receipts and Payments for November were accepted. A quote of £3425 was approved for Shetland Road playground repairs, and £1,100 was approved to replace two cradle swings. Extreme Wheels was approved for summer 2023 for £2950. Church Christmas lights would continue to be installed by volunteers with a risk assessment and the chance to do an e-learning course. A grant application from Tibshelf Football Club was discussed and a further meeting may be arranged. The Risk Management Policy and schedule was approved. The Grant Awarding Policy was approved with a grant limit of £200. The Vexatious Policy was approved.

Tibshelf Parish Council meetings are held on the third Tuesday of the month, excluding August. They begin at 7pm and last until 9pm, unless councillors agree to a time extension. There are also meetings of the Resources Committee, Village Hall Management Committee, Finance Committee and the Neighbourhood Planning Steering Group.

Parish Council meeting minutes are usually approved at the next Parish Council meeting. If amendments or adjustments are requested by councillors, it could take a further month.

If you would like to read the latest meeting minutes in full, please visit our website at tibshelfparishcouncil.gov.uk or you can request a physical copy from the Parish Office.



Tibshelf Residents are asked to trim back Hedges

Residents are urged to keep their hedges trimmed back to ensure the safety of pedestrians.

Tibshelf Parish Council is reminding residents that they are responsible for maintaining their hedges, which should allow for safe use of the pavements and clear visibility of the roads. This is in the best interests of everyone to make sure accidents don't occur and people can get to where they are going safely.



Would you like to play Chess in Tibshelf?

Community organiser Sue Wood is looking to help create a Tibshelf Chess Club for residents to enjoy playing one of the oldest games in the world.

The Club would be for people of all ages and all abilities. If you have more advanced knowledge of the game, you might enjoy teaching others as well as playing against other members.

If you'd be interested in joining a Tibshelf Chess Club, please express your interest to Sue Wood on 07974 022089 or sue.howitt74@gmail.com so that she can gauge demand in the village.

Poppy Sponsorship List

Thank you to the generous people who kindly sponsored poppies that lined the village's lamp posts. We said we would happily acknowledge the sponsors in the next edition of the newsletter. They are:

Name	In Memory Of
Cliff	In loving memory of Jean Whitehead
Pam	In loving memory of my Mum and Dad
June	In loving memory of Jim Gilbody
John, Catherine and Sean	In loving memory of Helen Allsop
Geoff Edwards	-
Barbara Allsop	-

Sponsor a Hanging Basket for the 2023 Season

During 2022, we enjoyed a beautiful display of hanging baskets down the High Street. As a people's favourite, they will be making a return this year once again.

By the start of the summer, hanging baskets will be planted and displayed down the High Street on lamp posts. They will go from the White Hart in the north, to Rock House corner in the south.

If individuals and businesses would like to sponsor a basket for £30 and help us raise £1,000 towards their upkeep and annual renewal, please contact our Administration Assistant on how to do so. Their details are: vhc@tibshelfparishcouncil.gov.uk or call **01773 875093**.

As always, with your consent, a register of sponsors will be kept and published in our Late Summer newsletter edition.



Main Hall Room Hire

Tibshelf Village Hall



Tibshelf Village Hall provides an excellent local venue to book your events and activities.

Weekend bookings for all kinds of events: birthday parties, wedding receptions, christenings, funeral teas or anniversaries. Licensed bar. Plenty of onsite parking!

Weekday bookings by local community groups to run their activities, or local business meetings and training. Time slot availability day and evenings.

Main Hall space for 140 people, with seating and tables for 100 people. Kitchen use for free.

Parish Meeting Room: 20 people for meetings, seminars, tutorials etc and is equipped with tables, chairs and a projector.

Contact Us

If you would like any further information on hiring a facility, please contact the Parish Office on 01773 875093 or our Administration Assistant using vhc@tibshelfparishcouncil.gov.uk

Tibshelf Village Hall is a registered charity, No.1040224

Hire Prices

All prices are subject to review in April of each year

Main Hall and Lounge

All day weekdays & Friday before 6pm

£7/hour (Parish Resident)

£9/hour (Non-Parish Resident)

£12/hour (Commercial)

+ £10/session for use of bar

Saturday before 6pm & Sunday

£10/hour (Parish Resident)

£12/hour (Non-Parish Resident)

£15/hour (Commercial)

+ £10/session for use of bar

Friday & Saturday 6pm-1am

£100 with licensed bar, £75 without

Parish Meeting Room **£7/hour**

Full use of Kitchen **Free**



Tibshelf Village Hall Toilets to be Swapped Around

Tibshelf Village Hall is having work done to swap around the men's and women's toilets to create more space.

The Village Hall Management Committee, which manages the Tibshelf Village Hall charity, agreed to carry out the renovations during the February half-term. The men's toilet is currently very large and spacious, but the women's is much smaller. It was agreed to switch them around so that the women who use the Hall the most, especially those with children, would have more space.

Cllr Reg Vaughan, Chairman of the Village Hall Management Committee said "We believe this change will make the Village Hall more user-friendly and we believe it's important to respond to user feedback. We hope users will find the Hall more accessible"

Other initiatives are being looked into, such as expanding storage in the Village Hall, improving the car park surface and repairing the ramp at the back of the building.



New Policies at Tibshelf Parish Council

Tibshelf Parish Council recently passed two new policies, designed to improve the treatment of councillors and staff.

Like any workplace, it is important that councillors and staff feel welcome and are treated with respect and dignity. There is nothing worse than coming to work and facing bullying, harassment or other types of poor treatment.

Civility and Respect Pledge

The Parish Council agreed to sign up to the Civility and Respect Pledge, and approve the Bullying and Harassment Statement. Councils across the country have been encouraged to sign the Pledge to improve behaviour in the sector. The Statement contains a zero-tolerance policy towards threatening, bullying, harassing or abusive behaviour made at work in person, using e-mails or on the phone.

Vexatious Policy

In December 2022, the Parish Council approved the Vexatious Policy. On rare occasions, a member of the public can behave unreasonably by contacting the council very frequently for information on a matter. This can consume staff time and make it hard to run the council and provide other services. The Parish Council reserves the right to restrict contact with such a person about the matter at hand, and if this fails, to terminate contact altogether.



Tibshelf Historic and Civic Society Spring Report 2023

Our Miners to Medics project generously funded by the players of the Heritage Lottery drew to a close late last year and we are drawing together our research findings and have written a short book and made a film about their history.

The Tibshelf Ambulance Corps (1872-1958) were pioneers of industrial first aid and as such the first unit to register with the St John Ambulance Brigade. Their members provided first aid cover at the four pits of Chas SEELY in Tibshelf and with their sister organisation the Nursing Association provided first aid and nursing care in the community. They also provided volunteers during the Second Boer War to support the RAMC and volunteers for the services in both World Wars and on the Home Front.

They were a committed and public-spirited group of volunteers who selflessly gave their time to help others and should be respected for their time and efforts.

It has been a long and difficult story to put together involving research both at home and overseas. Thank you all who have helped to put this story together, supporting 'show and tell' events, supplying artifacts and old photographs and helping to place the volunteers in village families.

As a result we have produced 63 working document pamphlets on related village history topics and assembled several databases of members, colliery casualties, service on Home

Front, Evacuees to Tibshelf, individual stories and the colliery operation.

Early this year to launch our book we will be organising a final exhibition to showcase the findings of our project. (Once the cold days of winter have past).

Alongside we have also been running our Living memories project sponsored by the Community Lottery as part of a post COVID recovery scheme. By the time this article is published we hope to be able to announce that we can continue the scheme which aided by the buffet provided by our local butchers Deakins and the local Co-op has attracted good support. We have collected several oral history recordings from participants and whilst local history is the focus, it has provided a useful reason to get people out and about once more after the social isolation of the COVID lockdowns and provided a fun social outlet. Our November meeting featured a presentation by Richard GODLEY on the Women's Land Army whilst December on a more seasonal party note focused on Christmas in the 1950's.

One of the most trivial 'high' notes was the offer of dripping canapes as an aperitif to see our group through the Monday is washday presentation- a true memory....

This year the group hopes to move on with a presentation of 1960s music, memories of schooldays and whatever topics the group wish to explore. Come and join us it's fun and a pure 'play-way' music hall approach to reliving our golden memories. No age limit- you don't have to be old to have memories and you are never too young to learn.

Apart from this, we have supported other local history societies, provided speakers and exhibitions to other groups, helped individuals with family history searches and continue to build up our own archive of old village photographs. Work researching the early pits in Tibshelf (pre 1850) has proved fruitful

2023 will provide its own challenges for us as we leave Lottery funding behind and have to stand on our own financial feet but we have the



Tibshelf Band held their first Carol Concert at the Village Hall

Tibshelf band held their first Carol Concert in Tibshelf Village Hall on Sunday 4th December

The Band played a variety of classical and modern Christmas music to a packed, appreciative audience. We would like to thank everyone that attended, especially Mike Coupe for comparing the evening and Sue Wood for providing refreshments.

The raffle and donations totalled £200 of which 50% was donated to Tibshelf Defibrillator Fund (pictured bottom right).

Tibshelf bands conductor Pete Ward commented “*The Band have worked hard to learn a new Christmas programme that was well received by the audience. I’m very proud of the Band’s achievement and have received a lot of positive feedback from the audience. Well done to all involved*”

The Band have also played at the Church for both primary and junior school’s Christmas concerts, as well as in The Shoulder of Mutton, Hardstoft, and a few private engagements over the Christmas period.

We are looking forward to a busy 2023. If anyone would like to take on a new challenge for the new year by learning an instrument, or if you can already play and wish to join the Band on their journey, we rehearse at Tibshelf Village Hall on Thursday evenings 5:30 till 6:30 training band and 8:30 till 9:00 senior band. Please pop in and see us or contact Pete Ward on 07870 279639.





Tibshelf Tots

**COME
JOIN
US!**

**Wednesdays
Term
Time Only**

Come along and meet friends, new and old, while your little tots burn off some steam

WEDNESDAYS

**9.15 -
11.15**



THE VILLAGE HALL
High Street
TIBSHELF

Drink and snack
for the tots
Cuppa and biscuit
for the caregivers

FROM BIRTH - SCHOOL AGE

£2 per child (£1 each for siblings and those under 6 months)

Contact Tibshelf Tots on Facebook
or message Kirsteen for more
information on 07803 405019



TIBSHELF OPEN GARDENS DAY

SATURDAY 15 JULY 2023

The Tibshelf Open Gardens event is going to take place this year for the first time since 2019.

Want to be a part of it?

Anyone can open their garden. We are appealing to all kinds of gardens to take part just for one day, from the simple small patch to the huge open spaces, from the 'project in progress' to the exotic and detailed. The type of garden on show is very varied and visitors really appreciate looking around the variety of gardens on show.

If you would like to open your garden, please contact **Jason** on **07398 815032** and he will explain about the whole event.

Can you help on the day?

We are making the Church the central hub this year, where visitors buy their entry wrist band and programme, get

refreshments and lunches, and buy plants. There will also be several local groups and societies exhibiting there.

If you've got some time to spare to help out on **Saturday 15 July** with selling plants, dealing with ticket sales, serving food and drinks or helping in the kitchen, please contact **Simon** on **07597 911930** to register your interest.



PROTECTING A VALUABLE ASSET

There's been a church here in Tibshelf since at least the 1300's, serving the community by providing a facility for christenings, marriages, funerals as well as a place to celebrate important dates and, more recently, providing a meeting and exhibition space for the whole community to enjoy.

It's important for everyone to support this valuable village asset.

This is why the Tibshelf Open Gardens event is held. People from all walks of life, some religious, some not, open their gardens for one day (from 10am to 6pm) and 100% of the money raised goes into the fabric fund of St John's, which helps to pay for maintenance of the building and keeps it open as a facility for everyone to use.

Great Success for the Warm Space and Social held in Tibshelf Village Hall

Tibshelf Village Hall is the venue for a Warm Space and Social every Tuesday afternoon during the cold winter months.

Starting on 1st November 2022, the Village Hall has been open to the public so that residents can turn off the heating for a few hours and enjoy an afternoon of socialising. It has been incredibly successful so far with increasing attendance each week. A variety of activities are on offer, such as crafts, quizzes and bingo. In the lead-up to Christmas, attendees even helped to wrap up selection boxes and books for children to receive at the Lights Switch-On event!

Organisers have received excellent feedback from people that come saying it's a lovely atmosphere, a



A warm space held in November 2022

friendly group and entertaining activities.

The Warm Space is run by a dedicated group of volunteers. Thank you goes to Sue Wood, Cliff Whitehead, Wayne Kingscott, Allison Beckett and Lian Kingscott. Also to Gail Ward, Joan Brooks, Trina Barrett and Kirsteen Burnley.

If you would like to attend, please see the poster opposite.

2 Defibrillators Now Secured for the Village

The Tibshelf Defibrillator Fund is awaiting delivery of a defibrillator and cabinet that has already been donated to the Parish Council for use at the Pavilion. Thank you to Tibshelf Band for their £100 donation.

Also, two new defibrillators are almost ready to order. One, being donated to the Parish Council for the top end of the village, is made possible by all those attending clairvoyant evenings put on by Sue Wood and those who bought raffle tickets. A second, for the West View estate, is made possible by Karen Martin and Dennis Rye Ltd who have offered to donate enough to buy another one.

The Fund is run by Lian Kingscott, Sue Wood and Allison Beckett. Lian has worked tirelessly to apply for funding and has recently received money from NatWest and the British Heart Foundation.

Halloween Photo on TV



The above photo was taken at the Activities for Kids Halloween disco and features Lian Kingscott, Allison Beckett and Sue Wood dressed as the Hocus Pocus witches.

The photo was submitted to This Morning with Phil and Holly and was shown on TV in their gallery of photos!

WARM SPACE AND SOCIAL

COME AND JOIN US IN A WARM
ENVIRONMENT AND CATCH UP
WITH FRIENDS

FREE WARM DRINKS AND ACTIVITIES
PROVIDED



Tibshelf Village Hall
Every Tuesday

12:30 TO 15:00

Please contact Sue Wood on 07974 022089, Allison Beckett on 07739 113148 or Lian Kingscott on 07808 719681 for more information or to arrange transport for elderly or disabled persons



Foodbank Donates Christmas Gift Bags

Tibshelf Foodbank, run by Allison Beckett and Lian Kingscott, were again busy over the festive period creating generous gift bags for elderly residents of Tibshelf. Helped by Wayne Kingscott and Catherine Winder, this was the third year in a row that the bags have been given out.

A huge thank you goes to Hydro UK, Saw Pit Industrial Estate, for their generous donations that helped make the bags possible.

One hundred and thirty bags were made in total, containing items such as mini wine, chocolates, Christmas puddings with custard and toiletry gifts.

With the ongoing cost of living crisis, and now the energy bill price cap threatening to rise again, Food Bank organisers are very mindful that there will be individuals and families that continue to need support and help. Please contact organisers on the numbers in the article below if you need us or visit during the Food Bank opening hours.



Tibshelf Community School Donates to the Food Bank

Tibshelf Food bank would like to send their thanks to Tibshelf Community School for their huge donation of food to the Food Bank on the morning of Saturday 10th December 2022.

The food was funded by money raised from a football event and they decided to use it to support local people struggling with rising costs in the community. Organisers said it was very much appreciated and they even delivered the food personally.

Thanks goes also to QRMS Ltd and Gary and Jan Robinson for their generous donations to the food bank too.



Tibshelf food bank operates using donations from generous members of the public. If you would like to donate to this good cause, please contact community organisers **Allison Beckett on 07739 113148** and **Lian Kingscott on 07808 719681**.



Tibshelf School News

Classroom to Care home Christmas Cards

Every year at Tibshelf school we send out Christmas cards to the care homes at Morton, Blackwell, and Homewood. These cards are for the residents at the care homes and the workers to show that they aren't alone at the holiday period. We write a variation of cards e.g. jokes, poems, or just general cards. Last year we made over 250 cards for the homes and I'm sure they enjoyed them all. **Written by**

Natasha in Y9



Is My Microphone On?

We welcome you to join us at Tibshelf School on our next theatre adventure where we will be performing National Theatre work by Jordan Tannahill, *Is My Microphone On?* This is a FREE event and you can book your tickets by following the link on our school webpage and social media. This is a one act straight play with some hard hitting but also comedy elements about sustainability and world issues.

Dates: -Wednesday 15th March, Thursday 16th March and Friday 17th March at 6pm.

We will also be taking this production to Derby University Theatre in April, tickets will be available for this through the theatre tickets page. Please do contact me at d.prentice@tibshelf.derbyshire.sch.uk if you have any questions.

Earthling Ambassadors

Our Earthling Ambassadors have been busy planting bulbs within the community. As spring approaches, look out for some beautiful flowers along Doe Hill Lane and in our Jubilee Planter bed. Thank you to The Green Bunch for their kind donations of bulbs and resources

Our Tibshelf Newsletter has been written by our Character Champions who are student leaders.

Christmas Charity Shoeboxes

In November, our school took part in donating Christmas boxes to charities. The Christmas boxes were distributed between 2 charities. One of which is called the Samaritans purse who gives the boxes to disadvantaged children across the world. The other is the Sheffield shoebox Appeal who give to homeless people, people seeking refuge and people escaping abuse. In total we managed to collect over 30+ boxes.

Written by Brennan and Laila in Y8 and Y9

A Christmas Carol School Show

School shows are a highlight for many students, lots of us had the privilege of taking part in our winter school production of a Christmas Carol. We performed on the 14th 15th and 16th of December 2022. Our next show will be in July before we break up for the summer holidays, and everyone is welcome to come and watch.

Tibshelf school shows are a great way to build confidence, make new friends and progress further with drama skills. Many students enjoy auditioning and taking part in the shows. **Written by Lillie and Francesca in Y8**

World Cup Football Tournament

To celebrate the world cup our students took part in our very own world cup football tournament which included group games, quarter finals and semi finals.

Students picked their team out of a hat and scored extra points for dressing in their team colours.

The final was tough, Belgium v Germany, with Belgium as a victory!

Sporting Events at Tibshelf

Since September our students have taken part in a variety of sporting fixtures including cross country. The cross-country competition took place on 29th November at Sherwood pines, many of our students took part. It was great for fitness and involvement in our cluster of schools. Our students showed amazing resilience and community spirit! This half term the fixtures that are available to the KS3 students are Handball, boccia, seated volleyball, basketball, netball, and rugby. For KS4 the fixtures on offer are Handball, Netball, Boccia, and Seated Volleyball. These will all take place at schools around Tibshelf, and the students will be offered to take part in these sports by their PE teachers. **Written by Jordan in Y10**

Activities for Kids

Christmas Disco and Activity Day



On Saturday 10th December, children from Tibshelf enjoyed a Christmas disco, courtesy of Activities for Kids. Then on Sunday 11th December, there was a Christmas craft day.

On Saturday, children enjoyed a jam-packed evening dancing along to their favourite songs and having refreshments. On Sunday, they decorated biscuits, made cards, decorated snowmen, nail painting and tattoos. Santa Claus also made an appearance for the children to visit. Thank you to Cllr Sue Wood for organising the events, Robert and Pamela Bravery as Mr and Mrs Claus, Amelia Radford as Santa's Elf, George for the tattoos, Megan Kingscott for fantastic nails, Wayne and Lian Kingscott for

helping with refreshments and tidying up. Allison Beckett for helping to tidy up, and finally Amelia for helping set up in the morning.

A huge thanks to Thomas Deakin and the Deakin's Family Butchers and Sammy Deakin at the Deakin's Family Deli for their donation of £100 for selection boxes. Also £100 was generously donated by Marc and Helena Watkinson. Both events had an amazing turnout and £122.70 was made on the refreshments that will go towards future Activities for Kids events.

If you would like to be notified of the next Activities for Kids event, please search on Facebook for 'Activities for Kids'.

Tibshelf Christmas Lights *Switch-On*



On Friday 2nd December, the Village Hall again hosted another brilliant community event, this time the Christmas lights switch-on.

Organised by Tibshelf Parish Council, from 5pm the Hall opened for children to visit Santa in his grotto and receive a selection box! He was assisted by Lewis, Amelia and Ruby. Children could also take part in Christmas activities, such as decorating items and making Christmas cards. Refreshments, including tea and coffee,

were available to buy and a raffle was held where Christmas gifts were won.

In all, £88 was raised on the refreshments and a further £95 was raised on the raffle for the Defibrillator Fund. Thank you goes to Councillors Sue Wood, Allison Beckett and Cliff Whitehead. Thank you also to Wayne Kingscott, Sarah Louise, Trina, Courtney, Lawrence, Tiffany and Kane who provided help during the event.

Your Tibshelf Wellness Gym

Opening times

Tuesday 2–5pm, Friday 9am–2pm



Speak to your local GP or call our Wellness Team on 01246 242361 to book a consultation to see if you are eligible for our free 12 week programme.

Eligibility criteria and health conditions

Exercise by referral

- ✓ Aged 19 years+ and a Derbyshire resident/registered with a Derbyshire GP
- ✓ Inactive, i.e. less than 150 minutes moderate intensity physical activity each week
- ✓ Not previously been referred onto this programme and has at least 1 of the following health conditions (please tick):

- | | |
|---|---|
| <input type="checkbox"/> Controlled Respiratory disease | <input type="checkbox"/> Undergone NHS Health Check and identified with a CVD risk of >20% |
| <input type="checkbox"/> Simple non-mechanical low back pain | <input type="checkbox"/> Cardiovascular disease (For cardiac rehabilitation phase IV additional information such as phase III forms required) |
| <input type="checkbox"/> Controlled Hypertension – systolic <180 diastolic <100 | <input type="checkbox"/> Post COVID syndrome (Referrals will be only accepted from Derbyshire Post COVID assessment service, dpctslongcovid@nhs.net) |
| <input type="checkbox"/> Osteoporosis | <input type="checkbox"/> Cancer – pre/undergoing/post treatment and has received cancer diagnosis within last 5 years |
| <input type="checkbox"/> Controlled Diabetes type I/II | |
| <input type="checkbox"/> Rheumatoid Arthritis/Osteoarthritis | |
| <input type="checkbox"/> Hyperlipidaemia | |
| <input type="checkbox"/> Stroke or TIA | |
| <input type="checkbox"/> Diagnosed and stable mental health condition | |

Bolsover Wellness

Available to people who do not meet the EBr criteria (above) but do meet the Bolsover Wellness criteria below and would benefit from a 12 week exercise programme:

- | | |
|---|---|
| <input type="checkbox"/> BMI <19 | <input type="checkbox"/> Vulnerable |
| <input type="checkbox"/> Long term unemployed | <input type="checkbox"/> Ex-Armed Services/Veterans |
| <input type="checkbox"/> Disabled | <input type="checkbox"/> Socially isolated |

Other services

- | | |
|--|---|
| <input type="checkbox"/> Weight management support (Age 18+; BMI 25+ or 23+ if Black or Asian ethnicity) | <input type="checkbox"/> Physical activity support (Age 18+, physically inactive) |
| <input type="checkbox"/> Stop smoking support (Age 12+; Smoking tobacco) | |



PALS is a programme aimed at changing behaviours and finding solutions to help people face their daily challenges which will allow them to concentrate more on their health and wellbeing.

22-961

Spring Patient Newsletter from Staff Health

SERVICE UPDATE

At Staffa Health we have been experiencing very high levels of demand on our services for some time and in November we had to make some changes to the way we work. We had been managing to provide more appointments in spite of very real challenges, including staff sickness (often over work related stress) and difficulty recruiting staff in all roles, including doctors. We are still actively trying to recruit staff.

The combination of these pressures meant that on some occasions we experienced demand for appointments that exceeds our ability to safely provide them. These occurrences became more frequent as demand for appointments increased and staffing levels remained critical.

To manage the risk in the most effective way and

to ensure we provide continuity we made some changes to the way we work. The changes which took effect from Monday 21st November are:

- Urgent home visits must be called in to the practice by 10:30am. This is to allow the home visiting team to prioritise their workload.
- There are a set number of urgent appointments available daily. Once these have all been taken we are unable to offer any more on the day appointments as it would be unsafe to do so. At this point our online request system is turned off and whilst patients can still call us, our telephone message advises patients that they will need to call back the next day or use a different service for urgent matters such as NHS111, local pharmacies, Minor Injury Centres and in very urgent cases, A&E.

The pressures we are experiencing are common across General Practice nationwide. We have tried to maintain the number of appointments available for as long as we can. In November this became impossible, and we had to make these changes to protect both safety of our patients and the wellbeing of our staff.

We would like to thank everyone for their patience and understanding whilst we have made these changes and ask that patients please continue be kind to our staff who are working extremely hard to offer the best service available with the resources we have.

STONEBROOM OPENING TIMES

From December our Stonebroom site has reverted to the pre-covid service and opening times. It is no longer a designated 'red site', and a service has been reinstated in an afternoon. The site will be closed on a Friday afternoon as it was before the pandemic. Our Tibshelf surgery is open on a Friday afternoon and all telephone calls will go through to that site.

WELLNESS GYM AT TIBSHELF

In October in conjunction with Bolsover District Council and their Physical Activity and Lifestyle Support (PALS) team we were fortunate to be able to open up a mini gym facility at our Tibshelf surgery. Patients can self-refer or be referred by our staff. Eligibility criteria is detailed in the poster below along with the telephone number to call to self-refer to the service.

Patients can access the service for the free 12-week programme and those who have already used it have enjoyed the small and friendly environment.

THANK YOU

We would like to thank all our patients for their support over the past few years which have presented challenges that none of us have encountered before. The team at Staffa Health were very grateful for every little thank you and for all of the gifts that were brought into our surgeries over the festive period.

Could you be Tibshelf's new Scout leader?

Volunteer in a way that's good for you.

scouts.org.uk/volunteer
#GoodForYou

We're looking for people to make an impact.

We'd love to give you the chance to try out different things, meet the team, and see what support's on offer before you decide whether to be involved.

You'll learn career-friendly skills, boost your wellbeing, and make new friends. Because volunteering at Scouts is a two-way street – good for young people, and good for you too.

Contact us today. We'd love to chat about what's good for you.

Call Laura Lloyd on 07711 047306



Bolsover Community Voluntary Service Holds Meeting at Tibshelf

The Bolsover Community Voluntary Service held a meeting at Tibshelf Village Hall for the first time, allowing local groups a chance to hear what services they provide.

Held on the afternoon of Thursday 8th December 2022, 20 representatives from across Bolsover's community groups met to hear a presentation on strengthening the voluntary sector and took part in sharing what their groups do, including telling success stories and problem-solving advice.

Bolsover CVS (previously known as Bolsover Together) is a project funded to provide support for community, voluntary and social enterprise groups and 'the sector' in the local authority area of Bolsover District. We now have an office



Bolsover Community and Voluntary Service

based in Bolsover town (36a Market Place, Bolsover, S44 6PN) and aim to open 'hubs' on set weekdays at other community venues around the district in the coming months. The project is managed by Bassetlaw CVS, a registered Charity based in Worksop which was established 50 years ago.

The overall goal of the organisation is to support voluntary action through the three aspects of 'group, people and voice' to enable communities to be better for everyone. As examples, we work with people who want to form or develop groups, organisations to develop volunteering and aim to represent or 'voice' Voluntary Action to strengthen and stabilise the amazing work carried out by local people. Please visit www.bcvs.org.uk to find out more.

A vibrant pink and purple background image showing several people in a Zumba class, some with their arms raised in the air, suggesting a high-energy workout.

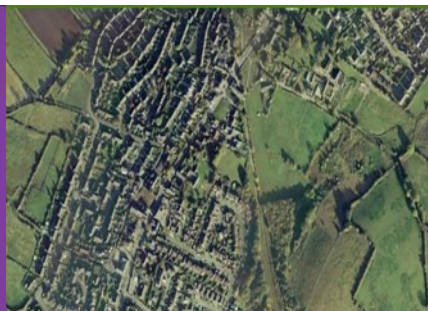
ZUMBA®

**LIKE A NIGHT OUT
BUT A WORKOUT**

**Dance with Me at Zumba®
Everyday Tuesday @ 6:30pm
Tibshelf Village Hall
£6 Pay As You Go**



TIBSHELF NEIGHBOURHOOD PLAN



Update on the Tibshelf Neighbourhood Plan

The period for consultation, carried out by Bolsover District Council, has now ended. Several comments have been received and these will be submitted to the appointed Examiner in mid January along with the Neighbourhood Plan. Once the Examiner has completed his deliberations, you will have the opportunity to vote on whether to accept the plan, or not, at a Referendum to be held, hopefully, in the early Summer 2023.

To find out more about the plan, please visit tibshelfneighbourhodplan.org to read the Draft Neighbourhood Plan and supporting evidence documents.



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Golden Charter 

10 Church Hill, Old Blackwell, DE55 5HN

Telephone: (01773) 811371

Email: Wilkinsonbrothers@btconnect.com

Which Council Does What?



- ✓ Adult Social Care
- ✓ Animal Welfare
- ✓ Buses
- ✓ Bus Shelters
- ✓ Care Homes
- ✓ Child Protection
- ✓ Economic Development
- ✓ Education
- ✓ Gold Card
- ✓ Gritting
- ✓ Highways
- ✓ Libraries
- ✓ Licensing
- ✓ Planning
- ✓ Public Rights of Way
- ✓ Recycling Centres
- ✓ Social Services
- ✓ Street Lighting
- ✓ Street Furniture
- ✓ Trading Standards

- ✓ Air Quality
- ✓ Bus Shelters
- ✓ CAN Rangers
- ✓ Community Safety
- ✓ Council Tax Billing
- ✓ Dog Wardens
- ✓ Economic Development
- ✓ Electoral Services
- ✓ Environmental Health
- ✓ Food Safety
- ✓ Grounds Maintenance
- ✓ Health and Safety
- ✓ Housing
- ✓ Leisure & Culture
- ✓ Licensing
- ✓ Planning
- ✓ Play Areas
- ✓ Street Cleansing
- ✓ Waste Collection

- ✓ Allotments
- ✓ Bus Shelters
- ✓ Cemetery
- ✓ Grit Bins
- ✓ Litter Picking
- ✓ Play Areas
- ✓ Sports Field
- ✓ Sports Pavilion
- ✓ Street Furniture
- ✓ Village Hall

Your Parish Councillors 2023



Chair

Ray Heffer

01773 872805

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Vice-Chair

Kathryn Salt MBE



Allison Beckett

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01773 872805

Reg Vaughan
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Calendar of Meetings 2023

Parish Council Meetings

(Parish Council Meetings are normally held on the 3rd Tuesday of each month. They begin at 7pm at Tibshelf Village Hall. Please check the website or Facebook for any date or venue changes.)

21st FEBRUARY 2023

21st MARCH 2023

18th APRIL 2023

Committee Meetings

(Provisional Dates)

Resources Committee

7th MARCH 2023

Village Hall Management Committee

14th MARCH 2023

Finance Committee

11th APRIL 2023

Bolsover District Council:

Ray Heffer
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ray.heffer@bolsover.gov.uk

Derbyshire County Council:

James Barron
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Member of Parliament:

Mark Fletcher
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Deborah Watson
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For more ways to contact Councillors, please visit tibsshelfparishcouncil.gov.uk



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Office Opening Hours

Monday to Thursday 9AM-1PM

Police and NHS Phone Numbers

Tibshelf Safer Neighbourhood Team—101

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